

## Living to work: the cost of Japan's strong work ethic

## Lead-in

- 1. Is there a strong work ethic in your country? Where does the work ethic stem from?
- 2. Do you think you have a good work-life balance? Do you ever feel you're putting in more hours at work than you should?

## **Video**

Watch a video about Japan's work ethic and answer the questions.

https://www.youtube.com/watch?v=9Y-YJEtxHeo

- 1. What do nearly a quarter of Japanese companies do?
- 2. What is the salaryman?
- 3. How much time off are Japanese workers entitled to? How much of their holiday entitlement do they use on average?
- 4. What did the reporter notice while walking around Tokyo at 3 a.m.?
- 5. In Japan, the success of a company as a whole is more important than\_\_\_\_\_.
- 6. What do 63% of Japanese people feel guilty about?
- 7. How do the long working hours affect productivity?
- 8. What is karoshi?
- 9. What's Dentsu?
- 10. What changes did Dentsu make after the incident?
- 11. What are companies and the Japanese government doing to reduce the number of working hours?
- 12. What are the two main reasons why Japanese people work so hard?
- 13. What's happening to Japan's demographics?
- 14. What are the two ways in which Japan can compensate for the labour shortage?
- 15. What's the percentage of foreign workers in Japan?
- 16. What industries do robots work in?

## Over to you

- 1. Did you find any of the facts presented in the video surprising?
- 2. How does the Japanese work ethic compare to the work ethic in your country?
- 3. Is it ok for companies to make their employees work overtime in exchange for money or extra days off?
- 4. Are you often asked to do overtime? What happens if you refuse?
- 5. Is working for the same company your entire life seen as a merit in your country?





- 6. In Japan, the success of a company as a whole is more important than that of any single individual. What's the corporate culture in your country?
- 7. Are you expected to socialise with your colleagues and bosses after work? Do you enjoy these work outings?
- 8. What do you think about the Japanese government's ideas to encourage people to work less? Can you think of any better solutions?
- 9. Do you think a migrant workforce or automation is a better solution to the problem of lack of workers? What industries do robots work in in your country?
- 10. Is technology the key to a better work-life balance?